

Illusion

36^e Conférence annuelle de la FEP – Cannes, 24-26 Mars 2023

Illusion and healing.

The ego's illusion of being master of its own house, or the parable of the rider and the horse.

Abstract

The regression of sessions or dreams, or of children's games, allows to accomplish in a hallucinatory way some unconscious wish, and to have the illusion of living in a world realizing such accomplishments.

The illusion is initially linked to disillusion by a renunciation in abeyance. The disillusion is transposed onto the future reality testing of waking up, of end of the sessions, and of end of the playtime.

This mode of illusion is constructed under the cover of a potentially disillusion already active. It is primitively linked to disillusion.

It is frequent that dream dramatizes the healing. This victory is an intermediate time, certainly fruitful, anticipating a real healing, but attempting to escape renunciation. The illusion is then sustained by a belief and is expressed as a triumph, whereas it is premature and illusory. The time of deception has been evicted.

Two illusions clinically emerge, one is inserted in the illusion-disillusion oscillation, the other is trapped in the illusion-belief block. The rider-Ego believes that he is leading his horse-Id when he is adopting the wishes of the latter while having the illusion-belief that they are his own. This situation is potentiated in groups by mass belief and ideology.