

# Forum on adolescence Title: Adolescence and transition: creative freedom or defensive organization?

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## **Abstract Content (EN)**

Didier Houzel (French Psychoanalytic Society) will speak and discuss the clinical case of a transgender teenager presented by Laura Accetti (Italian Psychoanalytic Society) and Marta Mirabella (Winnicott Institute of Psychoanalytic Psychotherapy for Child and Adolescents, Italy)

The panel aims to develop the theme of freedom by taking up Winnicott's concept of 'psychological determinism' and the contribution of environmental conditions to the development of the subjective feeling of freedom.

The use of these concepts in relation to the analysis with transgender adolescents, who ask for very early medical transition, shows the complexity of conscious and unconscious motivations related to the choice of early intervention and confronts it with specific ethical issues, with respect to the patient's well-being.