

# Freedom and Authority in Psychoanalytic Education in our Times

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## Abstract Content (EN)

The dialectic between *freedom, authority, power* and *responsibility* is fundamental for the proper functioning of the psychoanalytic institution as well as for the training of candidates. Psychoanalytic training, as a deeply relational process, requires a constant balancing act between guidance and autonomy, always oriented towards the growth of the analysts in training. An excess of freedom without an institutional guidance can lead to a chaotic or ineffective training pathway, institutional power, if badly managed, can interfere with the transmission of psychoanalysis, making training a matter of conformism instead of personal development. Responsibility and shared responsibility can be the binder that ensures that these parameters are oriented towards the development of an ethical, competent and autonomous analyst.

A Training analyst and a candidate each from the Italian Psychoanalytic Society and the Norwegian Psychoanalytic Association will engage in a dialogue about freedom, authority and responsibility in the training process and present their different experiences in their training system and the effects of changes/new developmental models on

the process of training and the institutional life. These presentations will be discussed by the director of training of the German Psychoanalytic Association, followed by a dialogue with the audience on these issues.