

: „Freedom's just another word for nothing left to lose.” (Kris Kristofferson) IT IS A PROPOSAL FOR A PANEL ON THE MAIN THEME!!

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Abstract Content (EN)

Adolescent daughters of Turkish migrant workers in Germany often find it hard to feel they have permission to leave the parental home to pursue university study in another town. This brings freedom, which can be expressed as a preoccupation with finding a sexual partner, to the neglect of their educational pursuits. Fearing the loss of their education grant, which would jeopardise being at university, brings them to seek therapeutic help. Feelings of loneliness and memories of being othered now come to the fore, together with strong idealization of their (woman) analyst - they expect to be told what to do, exposing a fear that their own independent decisions will lead to catastrophe. Identifying with German cultural values (including psychotherapy) intensifies the sense of separation from their parents, and as the analytic process advances the less they manage to formulate their own vision of their lives. Intense insecurity about their identity - not knowing who they are and where they belong - is experienced as a horrifying void. The ability to work through this complex inner situation opens up new possibilities for psychic growth, which can be tracked in the analytic process.