Abstract #85 | Invited

On Communicating as Playing: Three Levels of Symbolisation in Child Psychoanalysis

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Abstract Content (EN)

Teemu attempts suicide at the age of 16 shortly after the end of the lockdown and the resumption of a regular school life. Julian is tied to the bed in the child psychiatric ward after severely injuring his adoptive parents in his fits of rage. Rosa is rescued by the ambulance, taken from the room where she was confined, after fasting for weeks.

If adolescence is a 'second birth' (Hall, 1904), we might think that Teemu, Julian and Rosa are not allowed to be freed and be born their second time. All three seem to be stuck in a devitalised body, a nowhere land, from which they pseudo-attempt to free themselves through their acting out, but in which they remain withdrawn. In the analytic relationship one encounters a very primitive affective communication: language is concrete and made up of words that seem empty of meaning, thoughts and feelings are fragmented in a psychodynamic sensory enigma; the need for a composition, for an environment-utero in which to stay and tolerate their dis-integration comes into play. The analysis is filled with prerepresentational elements and unsettling sensations that coalesce vaguely and do not always lead to a clear understanding useful for interpretation.