

The Interplay of Freedom and Dependency: Exploring Gendered Realities

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Abstract Content (EN)

In this presentation, we will explore women's 'dependency' in the context of the congress theme 'freedom.' Two clinical cases will examine the dynamics of dependency and freedom in intimate and analytic relationships.

The first clinical case illustrates the patient's deep-rooted fear of dependency. The clinical process reveals how the conflict between dependency and freedom emerges across various levels of treatment: in the patient's interaction with the therapeutic framework, in the intersubjective dynamics of the psychoanalytic relationship, in dreams, in her sexuality, and in her life choices. Through psychoanalytic work, a trusting relationship develops, allowing the patient to accept both psychoanalytic dependency and intimacy.

The second presentation concerns the case of a woman who was repeatedly raped by her father between the ages of 7 and 14 and neglected and disbelieved by her mother. During her breakdown at the age of 40, she was housebound, completely isolated and immersed in a virtual platform where she 'lived' as several avatars, all young, male, homosexual and one paedophile. The result of eight years of treatment, during which she moved from a trauma-driven sexualized virtual immersion to freedom, is described.